

Harold Leon "Lee" Gillis, Jr.

Professor of Psychology-Tenured
Licensed Psychologist

Undergraduate and Graduate Faculty Appointment
Initially employed at Georgia College: September 1986

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EDUCATION

Ph.D. Counseling Psychology (APA-Approved), 1986 University of Georgia, Athens, GA.

M.A. Psychology, 1981 Middle Tennessee State University, Murfreesboro, TN

A.B. Psychology, 1977 Davidson College, Davidson, NC

A.A. 1975 Louisburg College, Louisburg, NC

TEACHING AND PROFESSIONAL EXPERIENCE

Professor of Psychology, (September, 1997 - current) Georgia College & State University, Milledgeville, GA. Teach 3-4 courses per semester in Group Dynamics, Interpersonal Relations, Personality, and Advanced Research Methods as well as numerous special topic courses including Therapeutic Use of Adventure. Participate in campus committee work including Executive Committee of University Senate. Conduct research activity based group therapy, including adventure activities and on-line group initiatives.

Associate Professor of Psychology, (September, 1991 - August, 1997)
Georgia College, Milledgeville, GA. Teach 10-15 hours per quarter. Supervise independent study and Masters theses. Participate in campus committee work. Conduct research in adventure-based therapy applications. Coordinator of masters degree track in adventure therapy.

Consulting Psychologist, (August 1990 - July 1998; July, 2004 - current).
Project Adventure, Inc. Covington, GA. Past duties included performing psychological assessment and diagnostics, participating in weekly case staffing, supervising psychology interns, and managing evaluation component for Legacy, a residential, adventure-based, treatment program for adolescent sex offenders. Current duties include training all staff in treatment software and case supervision related to developing activities as therapeutic interventions.

Licensed Psychologist in Private Practice, (March, 1990 - Dec., 1993)
Coliseum Center for Families, Milledgeville, GA. Conducted individual therapy and psychological assessment with adolescents and adults as well as with group, marriage, and family therapy. Served as Clinical Director from January-October, 1993.

Assistant Professor of Psychology, (September, 1986 - August, 1991)
Georgia College, Milledgeville, GA. Teach 10-15 hours per quarter. Supervised independent study and Masters theses. Participated in campus committee work. Conducted research in adventure-based therapy applications.

Clinical Intern, (August, 1985 - August, 1986). Counseling and Psychological Services, Student Health Service, Indiana University, Bloomington, IN. APA-Approved 2000-hour clinical/counseling pre-doctoral internship. Conducted outpatient individual and group psychotherapy with college population, consultation within university community, supervision of clinical psychology practicum students, outreach seminars and workshops within university community, and psychological assessment of university students. Health center facility provided exposure to a wide variety of psychopathology.

Substance Abuse Counselor, (January, 1983 - August, 1985). Athens Recovery Residence, Athens, GA. Responsible for group counseling and crises management with male residents in a private (post-treatment) substance abuse recovery house. Reported directly to physician, psychologist, and other board of directors.

Research Assistant, (1982-1985) Division of Developmental Studies, University of Georgia, Athens, GA. Conducted research on intercollegiate, revenue-producing athletics. Designed high school career counseling program and library.

Counselor and Teacher, (June, 1979 - August, 1982). The Webb School, Bell Buckle, TN. Primary individual and group counselor for adolescents at a private preparatory school. Taught general psychology to juniors and seniors. Conducted structured classroom groups in communication skills, values clarification, and drug education. Integrated outdoor adventure activities and wilderness experiences into counseling program.

Counselor, (August, 1977 - June, 1979). Glade Valley School, Glade Valley, NC. Provided individual and group counseling to adolescents at a private residential high school. Conducted numerous structured classroom groups. Served as college counselor for seniors. Integrated outdoor adventure activities and wilderness experiences into counseling program.

LICENSES AND CERTIFICATIONS

Licensed Psychologist. State of Georgia, 1989 - 2002

REFEREED PUBLICATIONS

Daugherty, M.; Grubb, A.; Hirsch, J. & Gillis, L. (2000). The scholarship of web-based teaching. In R. A. Cole (Ed.) *Issues in web-based pedagogy: A critical primer* (183-210). Westport, CT: Greenwood Press.

Gass, MA & Gillis, H.L. (1995). Focusing on the "solution" rather than the "problem": empowering client change in adventure experiences. *Journal of Experiential Education* 18(2)

Gass, MA & Gillis, H.L. (1995) CHANGES: An assessment model using adventure experiences. *Journal of Experiential Education* 18(1), 34-40.

Gillis, H.L. (1995). If I conduct outdoor pursuits with clinical populations, am I an adventure therapist? *Leisurability* 22(2), 5-15

Ringer & Gillis, H.L. (1995). Managing psychological depth in adventure programming. *Journal of Experiential Education*. 18(1), 41-51.

Cason, D. R. & Gillis, H.L. (1993). A meta-analysis of adventure programming with adolescents. *Journal of Experiential Education*

Gillis, H. L. & Simpson, C. A. (1994) Working with substance abusing adolescents through Project Adventure. *Addictions Looseleaf Notebook*. Aspen: CO: Love Publishing Co.

Gillis, H. L. & Gass, M. A. (1993). Bringing adventure into marriage and family therapy: An innovative experiential approach. *Journal of Marital and Family Therapy*. 19(3) 273-286.

Cason, D., Gillis, H. L., Schwarz, H., Bell, S. (1993, Spring). Raising self esteem and preventing drug abuse among sixth graders: Effects of an adventure experience. *ERS Spectrum*, 38-43

Gillis, H. L., Williams, A. & Hollis, H. (1992, January). *A psychological rationale for adventure therapy with hospitalized adolescents* In K. Henderson (Ed) Proceedings of Coalition for Education in the Outdoors Symposium.

Gillis, H. L. & Simpson, C. A. (1991). Project Choices: Adventure-based residential drug treatment for court-referred youth. *Journal of Addictions and Offender Counseling*. 12(1), 12-27.

Gillis, H. L. & Bonney, W. C. (1989). Utilizing adventure activities with intact groups: A sociodramatic systems approach to consultation. *Journal of Mental Health Counseling*, 11(4), 345-358.

Gillis, H. L. & Bonney, W. C. (1986). Group counseling with couples or families: Adding adventure activities. *Journal for Specialist in Group Work*, 11(4), 213-220.

Gillis, H. L. (1986). [Review of Silver Bullets: A guide to initiative problems, adventure games and trust activities]. *Journal of College Student Personnel*, 27(4), 382.

Ervin, L., Saunders, S.A., Gillis, H.L., & Hoglebe, M. (1985). Factors related to the academic performance of revenue-producing athletes. *Journal of College Student Personnel*, 26(2), 119-124.

Ervin, L. Saunders, S.A. & Gillis, H.L. (1984, Spring). The right direction but short of the mark: The NCAA's Proposal 48. *The College Board Review*, No. 131, 15-19.

Gillis, H.L. (1983). Traffic jam. *Journal of Group Psychotherapy, Psychodrama, and Sociometry*, 36(2), 84-85.

OTHER PUBLICATIONS

Hirsch, J. & Gillis, H.L. (2004). Developing metaphors for group activities. {DVD/CD}.

Gillis, H. L. & Gass, M. (2003). Adventure therapy with groups. In J.L. DeLucia-Waack, D.A. Gerrity, C.R. Kalodner & M. Riva, M (Eds), Handbook of Group Counseling and Psychotherapy. Thousand Oaks, CA: Sage Publications.

Priest, S., Gass, M., Gillis, L., (2000 2003) The essential elements of facilitation. Seattle, WA: Tarrak Publications.

Gillis, H. L. & Ringer, T. M. (1999) *Therapeutic Adventure Programs* Adventure Programming. Simon Priest & John Miles (Ed.), Venture Publications

Gillis, H.L (1998). *The journey in Oz: From activity-based psychotherapy to adventure therapy*. In C.M. Itin (Ed) Exploring the Boundaries of Adventure Therapy International Perspectives: Proceedings of the 1st International Adventure Therapy Conference, Perth Australia

Simpson, C.A. & Gillis, H.L (1998). Working with those who hurt others: Adventure Therapy with juvenile sexual perpetrators In C.M. Itin (Ed) Exploring the Boundaries of Adventure Therapy International Perspectives: Proceedings of the 1st International Adventure Therapy Conference, Perth Australia.

Gillis, H.L (1998). The use of logical consequences at Project Adventure Ziplines.36, 50-51.

Heindel, C., Simpson, C. & Gillis, H. L. (1998, Winter) Echoes of Group. Ziplines, 14-21

Terry-Walsh, J. & Gillis, H.L. (1998, Winter). So, You Need to Justify Your Existing or Lobby for a New ABC Program. Ziplines 55-57

Georgia College & State University. (1997). Food for Thought: A workbook & video for developing metaphorical introductions to group activities. Dubuque, IA: Kendall/Hunt Publishing Company. ISBN 0-7872-2369-X (co-edited with Dr. Jude Hirsch)

Gillis, H.L. & Thomsen, D. (1996). A Research Update (1992 - 1995) of Adventure Therapy: Challenge Activities and Ropes Courses, Wilderness Expeditions, & Residential Camping Programs. Martinsville, IN: Bradford Woods, Indiana University: Coalition for Education in the Outdoors Symposium Proceedings.

Gillis, H.L. (1995). (editor) *Adventure Based Counseling Training Manual*. Hamilton: MA: Project Adventure, Inc.

Rohnke, K. (1993). *The bottomless bag: Live* [video] Dubuque, IA: Kendall Hunt Publishing Co. H. L. Gillis Director

Gillis, H.L. [Director} *Activities for Counselors and Recreators* [video] Milledgeville, GA: Georgia College Television

Gillis, H. L. & McLeod, J. (October, 1992) Successful indoor adventure activities for treating substance abuse with adjudicated adolescents and incarcerated adults. *Proceedings of the 20th International Conference of the Association for Experiential Education*.

Gillis, H. L. & Babb, A. (1992). *Annotated bibliography of adventure therapy and related programs 1980-1992*. Boulder, CO: Association for Experiential Education.

Gillis, H. L. & Simpson, C.A. (1992). Project Choices: Adventure based residential drug treatment for court referred youth. In M. A. Gass (Ed) *Adventure therapy: Therapeutic applications of adventure programming in mental health settings* Boulder, CO: Association for Experiential Education.

Gillis, H. L. (1992). Research bibliography. In M. A. Gass (Ed) *Adventure therapy: Therapeutic applications of adventure programming in mental health settings* Boulder, CO: Association for Experiential Education.

Gillis, H. L. (1992, Winter/Spring). Family systems in adventure programming. *Ziplines*, 21, 12-14.

Gillis, H.L. & Simpson, C. A. (1992). *An outdoor demonstration of adventure based counseling for treating addictions*. [Video] Hamilton, MA: Project Adventure, Inc.

Gillis, H.L. & Simpson, C. A. (1992). *An indoor demonstration of adventure based counseling for treating addictions*. [Video] Hamilton, MA: Project Adventure, Inc.

Gillis, H. L. (1992, January). *Therapeutic uses of adventure-challenge-outdoor-wilderness: theory and research*. In K. Henderson (Ed) *Proceedings of Coalition for Education in the Outdoors Symposium*.

Gillis, H. L. (1991). Project Choices: Update on the effectiveness of adventure activities used for treating addictions. In C. Birmingham (Ed.) *Proceedings Journal of the 19th Annual AEE Conference*. Boulder, CO: Association for Experiential Education, (pp. 18-28).

Gillis, H. L., Gass, M.A., Bandoroff, S. Rudolph, S. Clapp, C., and Nadler, R. (1991). Family adventure survey: Results and discussion. In C. Birmingham (Ed.) *Proceedings Journal of the 19th Annual AEE Conference*. Boulder, CO: Association for Experiential Education, (pp. 29-39).

Gillis, H. L. (1991). Project Choices: An adventure based counseling program for drug-abusing adolescents. *Ziplines*, 19, 1, 6-9.

Gillis, H. L. & Simpson, C. (1991). Adventure-based counseling: An introduction and specific applications for substance abusing adolescents. *Child and Adolescent Newslines*, 2(2), 1-3.

Gillis, H. L. & Simpson, C. (1990). Project Choices: Beginning a model program for drug using adolescents. In R. Flor (Ed.) *Proceedings Journal of the 18th Annual AEE Conference*. Boulder, CO: Association for Experiential Education, (pp. 71-73).

Gillis, H. L. & Sirmans, A. (1989). *Student reviews of selected current articles in adolescent psychology: Academics, developmental issues, psychopathology, sexual behavior, substance abuse, and suicide*. ERIC Document Reproduction Service No. No. ED 311 337.

Gillis, H. L. (1987). *An exploratory study comparing the strategic use of metaphorical introductions with traditional introductions in a one-day, adventure workshop for couples enrichment*. (Doctoral dissertation, The University of Georgia, 1986), Dissertations Abstracts International, 47, 3312-A

Gillis, H. L. (1986). The trust fall and relationship enrichment courses. *Outward Bound Curriculum Newsletter*, 1(1).

Gillis, H. L. (1986). *Bibliography: Adventure, wilderness, Outward Bound, therapeutic camping, experiential learning, ropes courses, and games* ERIC Document Reproduction Service No. ED 267 935

Gillis, H. L. (1985). *Adventure-based counseling bibliography*. ERIC Document Reproduction Service No. ED 260 877.

- Gillis, H. L. (1985, July). *An active adventure for groups*. Georgia School Counselors Institute, St. Simons Island, GA. ERIC Document Reproduction Service No. ED 260 878.
- Gillis, H. L. & Dagley, J. C. (1985, May). *Adventure-based counseling: An Adlerian 'natural high'*. North American Adlerian Society Annual Convention, Atlanta, GA. ERIC Document Reproduction Service No. ED 260 879.
- Gillis, H. L. (1985, May). *The strategic use of adventure activities for couples*. Georgia Marriage and Family Therapy State Conference, Jekyll Island, GA. ERIC Document Reproduction Service No. ED 260 880.
- Gillis, H.L. (1981). *The effects of an outdoor camping construction experience on the self concept, locus of control, and academic achievement of high school students*. (Unpublished masters thesis, Middle Tennessee State University) ERIC Document Reproduction Service No. ED 232 822.
- Gillis, H.L. (1979). Adventure counseling. *Tennessee Personnel and Guidance Newsletter*, 8, 1.
- Gillis, H. L. (1978). Adventure counseling. *North Carolina Personnel and Guidance Newsletter*, 2, 2.

THESES SUPERVISED

- Bannister, W. H. (1996). *The effect of racial matching in the client-counselor relationship in Project Challenge, an alternative to incarceration for adolescents* Unpublished master's thesis, Georgia College, Milledgeville, GA.
- Barcus, R. L. (1990). *Co-dependency and family dysfunction: Their relationship to vocational preference*. Unpublished master's thesis, Georgia College, Milledgeville, GA.
- Barker, M. D. (1991). *Predictors of success in an adventure based substance abuse treatment program for court referred adolescents*. Unpublished master's thesis, Georgia College, Milledgeville, GA.
- Cason, D. R. (1993). *A meta-analysis of adventure programming with adolescents*. Unpublished master's thesis, Georgia College, Milledgeville, GA.
- Elstad, K. L. (1989). *An evaluation of the process of change during participation in an adventure challenge program for hospitalized adolescents*. Unpublished master's thesis, Georgia College, Milledgeville, GA.

Henderson, J.K. (1993). *Variables that affect successful completion of treatment in a community child and adolescent mental health setting*. Unpublished master's thesis, Georgia College, Milledgeville, GA.

Kennedy, S. A. (1988). *The influence of gender role orientation on the occupational aspirations of college students*. Unpublished master's thesis, Georgia College, Milledgeville, GA.

Kump, V.J.M. (1993). *The relationship between procrastination and personality types among college age females*. Unpublished master's thesis, Georgia College, Milledgeville, GA.

McLeod, J.A. (1991) *A non-empirical investigation into the applicability of adventure ropes course programs in correctional settings*. Unpublished master's thesis, Georgia College, Milledgeville, GA

Nabers, L. A. (1997). *The use of experiential and adventure components in a large scale corporate training*. Unpublished master's thesis, Georgia College & State University, Milledgeville, GA.

Nelson, L. A. (1991). *Psychological separation - individuation, family dynamics, and gender differences affecting college adjustment*. Unpublished master's thesis, Georgia College, Milledgeville, GA.

Peavy, L. L. (1991). *An investigation of factors influencing drug dealing behavior in incarcerated adolescent males*. Unpublished master's thesis, Georgia College, Milledgeville, GA.

Price, C. C. (1988). *Discernability of appropriate ethical action: A function of learning*. Unpublished master's thesis, Georgia College, Milledgeville, GA.

Reyes, E. D. (1997). *An exploratory study of differences between identified juvenile gang and non-gang members participating in an experiential therapeutic corrections program*. Unpublished master's thesis, Georgia College & State University, Milledgeville, GA.

Sasso, N. (1993). *Factors predicting recidivism of participants in Project Challenge: A residential adventure-based counseling program for court referred adolescents*. Unpublished master's thesis, Georgia College, Milledgeville, GA.

Smith, T. L. (1991). *An investigation of the usage and effectiveness of adventure ropes course programs in psychiatric hospitals*. Unpublished master's thesis, Georgia College, Milledgeville, GA.

Thomsen, D. (1996). Similarities and Differences in Competencies of Adventure Therapists and Outdoor Leaders Based on Their Program's Primary Goal. Unpublished master's thesis, Georgia College, Milledgeville, GA.

Williams, J. M. (1989). *An investigation of career maturity among college students*. Unpublished master's thesis, Georgia College, Milledgeville, GA.

CONSULTING ACTIVITIES

Licensed Psychologist, (June, 1989 - February, 1990) Baldwin Psychiatric Center, Milledgeville, GA. Conducted individual therapy with adolescents and adults as well as marriage and family therapy. Designed and co-led parenting skills classes.

Licensed Professional Counselor, (June, 1987 - May, 1989) Baldwin Psychiatric Center, Milledgeville, GA. Conducted individual therapy with adolescents and adults as well as marriage and family therapy. Designed and co-led parenting skills classes. Involved in outpatient practice with supervising psychiatrist and other therapists.

PROFESSIONAL PRESENTATIONS

Gillis, H.L. (2005) State of the Profession (Keynote Address) Best Practices in Adventure Therapy: Heartland Region Therapeutic Adventure Professional Group (TAPG) Mini-Conference February 4-6, 2005

Gass, M.A & Gillis, H.L. (2004) Supervision for Adventure Therapy Association for Experiential Education 32nd Annual International Conference. Norfolk, VA.

Gillis, H.L. (2003). Advanced Practitioners Gathering & Open Discussion A workshop presented at the 3rd International Adventure Therapy Conference in Victoria, British Columbia on April 21, 2003.

Priest, S., Gass, M.A. & Gillis, H.L. (2003) Dealing with client resistance. A workshop presented at the 3rd International Adventure Therapy Conference in Victoria, British Columbia on April 24, 2003.

Gillis, H.L. (2003). Continuing the co-creative writing of IAT history. Workshop presented at the 3rd International Adventure Therapy Conference in Victoria, British Columbia on April 22, 2003

Gass, M. A. & Gillis, H.L. (2003) Supervision for Adventure Therapy Issues Association for Experiential Education 31st Annual International Conference. Vancouver, British Columbia.

Gass, M.A & Gillis, H.L. (2002) Supervision for Adventure Therapy Issues Association for Experiential Education 30th Annual International Conference. St. Paul, MN November 7-10, 2002

Gillis, H.L. (2002) Keynote opening for Symposium for Experiential Education Research Association for Experiential Education 30th Annual International Conference. St. Paul, MN November 7-10, 2002

Gillis, H.L. (2002) eNiatives: Using NetMeeting for Team Building Southeast Regional Association for Experiential Education Annual Conference, Georgia, April 2002

Gillis, H.L. (2002) Supervision in Adventure Therapy Southeast Regional Association for Experiential Education Annual Conference, Georgia, April 2002

Hirsch, J. Gillis, H.L. (2002) Managing Critical Incidents in Experiential Education FoUrTeams, Altenkirchen, Germany December, 2002

Gormly, A., Grubb, A.; Gillis, L.; Daugherty, M. & Hirsch, J. (2001). The Value of Faculty as On-Line Learners With New and Emerging Technologies. American Association of American colleges and Universities, New Orleans, LA January 18-20, 2001.

Daugherty, M.; Grubb, A.; Gillis, L. & Hirsch, J. (2001). Creating Sustainable Learning Communities: A Case Study of Connecting teachers to Technology. American Association Higher Education Conference on Faculty Roles and Rewards, Tampa Florida, February, 2001

Gillis, L. (2001). Face to Face REACTION and online REFLECTION. Think Tank on Technology, Tulsa, OK, February 1-4,

Grubb, A., & Gillis, L. (2001) Creating Sustainable Faculty Learning Communities at the Teaching and Learning with Advanced Technologies (TLAT) Conference, February 18-20, Athens, Georgia

Gillis, HL (2001). Supervision in Adventure Therapy: Best and Worst Cases. Association for Experiential Education Southeast Conference April 7, 2001, Montreat, North Carolina

Gillis, H.L. (October, 2001). eNITIATIVES: Activities For Promoting Computer Mediated Communication in On-line Cooperative Learning Groups. Presentation Paper presentation at the USG Annual Computing Conference, Rock Eagle, Eatonton, Ga.

Gillis, H.L., Grubb, A., Daugherty, M., & Hirsch, J. (November, 2001). Training Faculty As Online Learners with New and Emerging Technology: The Scholarship of Web-Based Teaching Paper presentation at Syllabus 2001 Conference, Boston, MA

Gass, M.A. & Gillis, HL (2001) Supervision in Adventure Therapy: Bring your best or worst cases to an active, experiential program. Association for Experiential Education International Conference Nov 2-5, 2001, Charleston, WV.

Gillis, H.L. & Priest, S. "Adventure Therapy: past, present, and future" at the Second International Adventure Therapy Conference Therapy Within Adventure 20.-24. March 2000 - Augsburg / Germany

Gillis H.L. (2000) "Going around in circles: Research and program evaluation in therapeutic adventure and adventure therapy" at the Second International Adventure Therapy Conference Therapy Within Adventure 20.-24. March 2000 - Augsburg / Germany

Daugherty, M.; Grubb, A.; Hirsch, J. & Gillis, L., American Educational Research Association Annual Conference, New Orleans, LA., April, 2000. Paper presentation entitled "Scholarship and Web-Based Instruction."

Grubb A. & Gillis L., 2nd Place Best Paper Award "Faculty Members as On-Line Learners: Immersion in Pedagogy and WebCT" from "WebCT 2000 International Conference" July 9-12 2000 Athens Georgia

Grubb, A.; & Gillis, L.(2000). The Scholarship of Web-Based Training. Association of Schools of Public Health, August 8-10, 2000, New Orleans

Daugherty, M.; Grubb, A.; Gillis, L. & Hirsch, J. (2000). "The Scholarship of Web-based Training." Poster presentation at the Georgia Distance Learning Association, September 2000, Jekyll Island, Georgia.

Daugherty, M.; Grubb, A.; Gillis, L. & Hirsch, J. (2000). The Scholarship of Web-Based Training: Participant Learning Styles and Satisfaction with On-line Training. Paper presentation at the University System Annual Computing Conference, October 2000, Rock Eagle Park, Georgia.

Gillis, HL & Gass, M.A. (2000) Supervision in Adventure Therapy: Bring your best or worst cases to an active, experiential program. Association for Experiential Education International conference Nov 2-5, 2000, Tucson, AZ.

Gillis, H. L. (1999) "Adventure Therapy" Keynote, Power of Adventure Conference in Cape Town, South Africa, March 12-13, 1999

Gillis, H. L. (1999) Solution focused programming for challenge and adventure learning. Train the Trainer Seminar in Cape Town, South Africa, March 15, 16 and 17, 1999

Gillis, H. L. (1999) "The Personality Characteristics of Risk Takers and Risk Managers: Similar or Different?" at the Taking Risks: Dealing With Risk In Commercial, Professional, And Personal Life, March 31 - April 2, 1999 Sponsored by the Interdisciplinary Studies Program College of Arts & Sciences, Georgia College & State University

Gillis, L. & Priest, S. (1999) "Shining a light on adventure therapy competencies" 1999 Southeast Regional Conference of the Association for Experiential Education, April 9-11 at the Kentucky Leadership Center in Jabez KY.

Gillis, H.L. & Gass, M.A. (1999) "Knowing when and how: Harvesting clients' language and action as seeds for CHANGE in adventure therapy" at 27th annual International Conference of the Association for Experiential Education in Rochester, NY October 28-31, 1999.

Gillis, H.L. & Gass, M.A. (1998) A room with a view: Adventure therapy programs in traditional office settings Association for Experiential Education 26th Annual International Conference. Lake Tahoe, NV Nov 6-9, 1998

Gillis, H.L. (1998) Where is the yellow brick road for adventure therapy? Keynote address for Aurora University's Adventure Therapy conference. Aurora Illinois October 16.

Gillis, H.L. (1998) How to create better metaphorical introductions Aurora University's Adventure Therapy conference. Aurora Illinois October 17.

Gillis, H.L. & Hirsch, J.(1998) Creating Metaphors for Group Activities Human Resources and Management, Monterrey Institute of Technology, Mexico City. February 26

Priest S. & Gillis, H.L. (1998). Competencies in adventure therapy. Preconference workshop for Therapeutic Adventure Professional Group, Association for Experiential Education Annual Conference, Lake Tahoe, NV

Hirsch, J. & Gillis, H.L. (1998 March 14). *Creating Food for Thought: Learnings from the Metaphorical Potluck*. Southeast Regional Conference of the Association for Experiential Education, Umatilla, FL.

Gillis, H. L. & Hirsch, J. (1998, May 18) "Developing Metaphorical Introductions for Small Group Activities". Continuing Education Workshop Georgia Psychological Association Annual Meeting, St. Simons Island, Georgia.

Gillis, H. L. (1998, March). *Breaking into the Cycle of Addiction*. *Erlebnistherapie: Ein innovativer Weg in der psychotherapeutischen Arbeit*, Berlin, Germany.

Gillis, H. L. & Hirsch, J. (1998, March). *Creating Food for Thought: Learnings from the Metaphorical Potluck*. *Erlebnistherapie: Ein innovativer Weg in der psychotherapeutischen Arbeit*, Berlin, Germany.

Gass, MA & Gillis, H. L. (1997). *Walking our talk in order to create a room with a view*. Association for Experiential Education Annual Conference, Asheville, NC.

Gillis, H. L. (1997) *From adventure based group psychotherapy to adventure therapy: A psychological journey from the center to the boundaries of treatment* Keynote at First International Adventure therapy Conference, 1-5 July, Perth, Western Australia.

Hirsch, J & Gillis, H. L. (1997) *Food for Thought: Developing metaphors for use with therapeutic groups*". First International Adventure therapy Conference, 1-5 July, Perth, Western Australia.

Ringer, T.M. & Gillis, H. L. (1997). *Case studies in managing psychological depth* First International Adventure therapy Conference, 1-5 July, Perth, Western Australia.

Simpson, C. & Gillis, H. L. (1997) *Project Adventure's Therapeutic Programs for Youth*. Association for Experiential Education Annual Conference, Asheville, NC.

Simpson, C. & Gillis, H. L. (1997) *Working with those who hurt others: Adventure therapy with juvenile sexual perpetrators*. First International Adventure therapy Conference, 1-5 July, Perth, Western Australia.

Simpson, C. & Gillis, H. L. (1997) *Island Hopping*. Preconference for First International Adventure therapy Conference, 1-5 July, Perth, Western Australia.

Gass, MA & Gillis, H.L. (1996) The therapist with the most adventure activities from the smallest bag of props, and done in a "traditional" group or family therapy room/office, Wins! Association for Experiential Education Annual Conference, Spokane, WA.

Schoel, J., Simpson, C. & Gillis, H.L. (1996) Know your ABCs - the rest is up for GRABBS: Therapeutic Programming at Project Adventure Association for Experiential Education Annual Conference Spokane, WA.

Ringer, T.M. & Gillis, H.L. (1996). "From practice to theory: Unearthing the theories of human change that are implicit in your work as an adventure practitioner" Association for Experiential Education Annual Conference, Spokane, WA.

Gillis, H.L. & Ringer, T.M. (1996). "Using adventure groups for personal change: Principles, practice and group process" Presented at 50th Anniversary Conference at Brathay, United Kingdom conference entitled Developmental Training Beyond 2000.

Gillis, H.L. & Ringer, T.M. (1996). "Current adventure therapy options for young people in the USA: How effective are they?" Presented at 50th Anniversary Conference at Brathay, United Kingdom conference entitled Developmental Training Beyond 2000

Gillis, H.L., Simpson, CA, & Smith, S. (1995) *Attempting to seed long term change using ABC with adjudicated youth: The Co-op and Challenge Programs of Project Adventure.* Association for Experiential Education Annual Conference, Lake Geneva, WI.

Gass, MA & Gillis, H.L. (1995) *The Top 10 Seeds Of Functional Change In Adventure Programming* Association for Experiential Education Annual Conference Lake Geneva, WI.

Schoel, J. & Gillis, H.L. (1995) *Islands Of Healing - Revisited: Some Seeds Of Change From The Second Edition* Association for Experiential Education Annual Conference Lake Geneva, WI.

Gillis H.L. & Bannister, W. (1995) American Counseling Association Conference, April, 1995, Denver, CO "*Group adventure activities that fully value diversity and create unity*"

Gillis, H.L. (1995). Keynote address: "Re-learning nature's ideas: Personal change and déjà vu" The 9th National Outdoor Education Conference, The Southport School, Southport, Gold Coast, Queensland, Australia January 16-20th, 1995.

Gillis, H.L. (1995) Major Pre-Conference workshop: "Adventure as Therapy" The 9th National Outdoor Education Conference, The Southport School, Southport, Gold Coast, Queensland, Australia January 14-15th, 1995.

Ringer TM & Gillis H.L. (1995) Workshop: "Avoiding unintentional psychotherapy in experiential education" The 9th National Outdoor Education Conference, The Southport School, Southport, Gold Coast, Queensland, Australia January 14-15th, 1995.

Ringer TM & Gillis H.L. (1995) "Post-Conference workshop: "Adventure as Therapy" with Martin Ringer, Perth, Western Australia January 24-25th, 1995.

Ringer TM & Gillis H.L. (1995) Southeastern Regional Conference, Association of Experiential Education, April 1995, Black Mountain, NC "Avoiding unintentional psychotherapy in experiential education"

Gillis, H. L. & Ringer, M. (1994, November) Pre-Conference workshop: *Deepening Adventure Therapy Experiences* Association for Experiential Education Annual Conference, Austin, Texas.

Ringer, M. & Gillis, H. L. (1994, November) *Keeping with the contract: Avoiding unintentional psychotherapy during adventure experiences* Association for Experiential Education Annual Conference, Austin, Texas.

Gass, M. & Gillis, H. L. (1994, November) *Focusing on the 'solution' rather than the 'problem' empowering client change in adventure experiences.* Association for Experiential Education Annual Conference, Austin, Texas.

Gillis, H. L. (1994, October) *Staff training for adventure based activities.* 1994 Southeastern Section/Region Fall Conference American Camping Association. St. Simon's Georgia.

Jarvie, J., Williams, A. P. , Moore, N. A., Perez, S., Tarleton, J., & Gillis, H. L. (1994, April) *Psychology in corrections: Opportunities, challenges, dilemmas.* Georgia Psychological Association Annual Conference, Augusta, Georgia.

Gillis, H. L. (1993, October) *Metaphors in adventure therapy*, Swananoa, NC: Southeast Region of the American Camping Annual Conference

Gillis, H. L., Berman, D., & Davis-Berman, J. (1993, October) *Hanging out your adventure therapist shingle: Private practice, peaks, and pitfalls*, Smugglers Notch, VT: Association for Experiential Education Annual Conference

Gillis, H. L. & Gass, M. (1993, October) *Initial assessment in adventure therapy: What I can learn...*, Smugglers Notch, VT: Association for Experiential Education Annual Conference

Galm, L. & Gillis, H. L. (1993, April) *Hiring and working in a culturally diverse organization*, Brasstown, NC: Southeastern Region of the Association for Experiential Education Annual Conference

Gass, M., Gerstein, J., Gillis, H. L., & Hargrave, E. (1993, April) *Brainstorming clinical solutions in adventure therapy*, Brasstown, NC: Southeastern Region of the Association for Experiential Education Annual Conference

Gillis, H.L. (1993, July) Learning to walk your talk: Adventure-based counseling for you, your staff, and your client population. Charleston, SC: Southern States Correctional Association.

Gillis, H. L. , Itin, C., Gass, M. (1992, December). *Bringing Adventure Indoors: Linking Ericksonian Methods and Adventure Therapy* Phoenix, AZ: 5th International Congress on Ericksonian Approaches to Hypnosis and Psychotherapy

Gillis, H. L. (March, 1992). Therapeutic activities for treating substance abusers: 12 Steps to Societal Excellence. Baltimore, MD. American Association for Counseling and Development.

Gillis, H. L. & Barker, D. B. (1992, March). *Therapeutic adventure activities for treating addictions*. Bryson City: NC Annual Conference of the Southeastern Association for Experiential Education.

Gillis, H. L. & McLeod, J. (1992, October) Successful indoor adventure activities for treating substance abuse with adjudicated adolescents and incarcerated adults. Banff, Alberta, Canada. 20th International Conference of the Association for Experiential Education.

Gillis, H. L. (1992, January). *Therapeutic uses of adventure-challenge-outdoor-wilderness: Theory and research*. Bradford Woods, IN. Coalition for Education in the Outdoors Symposium.

Gillis, H. L., Williams, A. & Hollis, H. (1992, January). *A psychological rationale for adventure therapy with hospitalized adolescents* Bradford Woods, IN. Coalition for Education in the Outdoors Symposium.

Gillis, H. L. (1991, October). *Project Choices: Update on the effectiveness of adventure activities used for treating addictions*. Lake Junaluska, NC: 19th Annual Conference of the Association for Experiential Education.

Gillis, H. L., Gass, M.A., Bendoroff, S. Rudolph, S. Clapp, C., and Nadler, R. (1991, October). *Family adventure survey: Results and discussion*. Lake Junaluska, NC: 19th Annual Conference of the Association for Experiential Education.

Gillis, H. L., Gass, M.A., Morris, E. M. & Itin, C. (1991, October). *Advanced practitioners workshop*. Lake Junaluska, NC: 19th Annual Conference of the Association for Experiential Education.

Gillis, H. L. (1991, May). *Project Choices: Renewing the lives of adolescent substance abusers through adventure based counseling*. Charleston, SC: Annual Conference of the Southeastern Association for Experiential Education.

Gillis, H. L. & Lindsay, J. F. (1991, April). *Pair-enting: Adventure-based counseling for parent and adolescent wellness*. Reno, NV: Annual Conference of the American Association of Counseling and Development

Gillis, H. L. (1991, April). *Project Choices: An adventure-based drug treatment for court referred youth* Reno, NV: Annual Conference of the American Association of Counseling and Development

Gillis, H. L. & Smith T. L. (1991, March). *The use and effectiveness of adventure ROPES course programs with children and adolescents in inpatient psychiatric settings*. New Orleans: 37th Annual Meeting of the Southeastern Psychological Association.

Gillis, H. L. (1991, March). *An experience with adventure based therapy techniques*. Macon, GA: Middle Georgia Conference on Child and Adolescent Behavior

Gillis, H. L. & Simpson, C. (1990, October). *Project Choices: Beginning a model program for drug using adolescents*. St. Paul, MN: Convention of the Association of Experiential Education.

Phillips, M. J., Gillis, H. L. & Lindsay, J. F. (1990, May). *Smoothing the transition: Adventure based orientation for parents and students*. Jekyll Island, GA: Annual meeting of the Georgia College Personnel Association.

Lott, R. C. & Gillis, H. L. (1990, April). *Construction of the consistency of orientation developmental efficacy profile*. Athens GA: Psi Chi Convention for the Behavioral Sciences.

Gillis, H. L. & Phillips, M. J. (1990, March). *The challenge of transitions: Strengthening community for parents and students*. Cincinnati, OH: Convention of the American Association for Counseling and Development.

Gillis, H. L. & Lindsay, J. F. (1990, January). *Adventure activities with intact groups: A sociodramatic systems approach*. St. Petersburg, FL: National Conference on Group Work.

Gillis, H.L. (1989, March). *Adventure based counseling: Overview and update*. American Association for Counseling and Development National Conference, Boston, MA.

Gillis, H. L. (1989, February). *Trust building techniques for group or family therapy*, Macon, GA: HCA Coliseum Psychiatric Hospital grand rounds.

Gillis, H. L. (1987, March). *Telling stories with activities: Guided group adventures for resident assistant orientation*. American College Student Personnel/National Association of Student Personnel Administrators Joint Conference, Chicago, IL.

Gillis, H. L. (1986, February). *The strategic use of adventure activities to enhance group therapy*. Big Ten Counseling Center Conference, Michigan State University, East Lansing, MI.

Gillis, H. L. (1985, October). *Strategic use of wilderness and adventure activities to enhance group therapy with couples, adolescents, and families*. Tennessee Association of Mental Health Centers, Nashville, TN.

Gillis, H. L. & Dagley, J. C. (1985, May). *Adventure-based counseling: An Adlerian 'natural high'*. North American Adlerian Society Annual Convention, Atlanta, GA.

Gillis, H. L. (1985, May). *The strategic use of adventure activities for couples*. Georgia Marriage and Family Therapy State Conference, Jekyll Island, GA.

Gillis, H. L. & Walsh, D. (1985, May). *A time to play*. Georgia College Student Personnel State Convention, Jekyll Island, GA.

Gillis, H. L. & Moore, K.B. (1985, March). *Using outdoor adventure games indoors: A new approach to groups*. American College Student Personnel National Convention, Boston, MA.

Gillis, H. L. (1985, March). *Stress management for camp directors*. American Camping Association National Convention, Atlanta, GA.

Gillis, H. L. & Moore, K.B. (1985, January). *Adding some adventure to your repertoire*. University of Georgia College Student Personnel Convention, Athens, GA.

Gillis, H. L. (1984, October). *Adventure based family counseling: A natural outgrowth*. Association for Experiential Education National Convention (AEE) Lake Junaluska, NC.

Gillis, H. L. (1984, March). *Outdoor therapy programs for adolescents: A review of existing research and recommendations for the future*. Southeastern Psychological Association Convention (SEPA), New Orleans, LA.

Gillis, H. L. & Graham, T.H. (1980, May). *Project adventure*. Tennessee School Boards Association State Convention, Nashville, TN.

Gillis, H. L. & Graham, T.H. (1980, March). *Adventure counseling*. Tennessee Personnel and Guidance Association State Convention, Gatlinburg, TN.

PROFESSIONAL MEMBERSHIPS

- **American Association of Marriage and Family Therapy: Clinical Member**
 - Georgia Association of Marriage and Family Therapy
- **American Psychological Association: Member**
 - Division 29: Psychotherapy
- **Association for Experiential Education**
 - Member, Board of Directors 2000-2003
 - Journal Advisory Board: *Journal of Experiential Education*
 - Southeast Regional Council Member 1993-1995; Chair 1994-1995

AWARDS AND HONORS

- Michael Stratton Practitioner Award, Association for Experiential Education's (AEE) International Conference November 2000 in Tucson AZ
- Distinguished Professor Award, Georgia College, April 1993.
- Excellence in Teaching, Georgia College, April 1990.
- Phi Kappa Phi, The University of Georgia, August 1986.
- Who's Who Among Students in American Universities and Colleges, 1984-1985.
- Kappa Delta Epsilon, The University of Georgia, 1984.
- Counseling Psychology Association: University of Georgia - President 1982-1983, 1983-1984
- College of Education Council: University of Georgia - Vice President 1983-1984.

GRANTS AWARDED

Georgia College & State University Faculty Research Award: "In Vivo Process Observation and Field Data Collection for Group Dynamics and Group Leadership" \$1116.

Georgia College & State University Faculty Research Award: Research and program evaluation in therapeutic adventure and adventure therapy: A three-year follow-up

Georgia College & State University Faculty Research Award: Risk Taking And Sensation Seeking Propensity Of Risk Managers Compared With Persons Who Engage In "High Perceived Risk" Leisure Activities

September 1997 - June 1998, *Research in adventure based counseling.* Project Adventure, Inc. Covington, GA \$3240

September 1996 - June 1997, *Research in adventure based counseling.* Project Adventure, Inc. Covington, GA \$3240

September 1995 - June 1996, *Research in adventure based counseling.* Project Adventure, Inc. Covington, GA \$6480

August 1994 - June 1995, *Research in adventure based counseling.* Project Adventure, Inc. Covington, GA \$3240

August 1993 - June 1994, *Research in adventure based counseling.* Project Adventure, Inc. Covington, GA \$3240

August 1992 - June 1993, *Development of Georgia College Challenge Course* General Telephone. Milledgeville, GA \$2000

August 1992 - June 1993, *Research in adventure based counseling.* Project Adventure, Inc. Covington, GA \$4800

August 1992, *Research in adventure based counseling and substance abuse treatment in corrections,* Georgia Department of Corrections, Atlanta, GA \$1080

June 1991 - June 1992, *Research in adventure based counseling and drug free schools.* Baldwin County Schools, Drug Free Schools and Community Act of 1986, Milledgeville, GA \$1620

June 1991 - June 1992, *Research in adventure based counseling and substance abuse treatment in corrections,* Georgia Department of Corrections, Atlanta, GA \$1620

August 1990, *Research in adventure based counseling*. Project Adventure, Inc. Covington, GA \$3240

November 1989, *Analysis of what self-concept instruments measure*. Georgia College Faculty Research Committee \$535

May 1987, *Meta-analysis of outdoor therapy outcome studies*. Georgia College Faculty Research Committee \$735

October, 1987, *An analysis of factors contributing to the occupational aspirations of college students* Georgia College Faculty Research Committee \$313

October 1987, *A post-hoc evaluation of Project Phoenix: YDC's outdoor adventure program*. Georgia College Faculty Research Committee \$288